

**Positive Pregnancy Test?** 

Book as early as possible with a midwife for:

- Review of existing medical conditions
- Health & lifestyle advice
- Scan appointments
- Important tests
- Healthy start vitamins
- Information & advice
- Care planning

It is important to make an appointment with a midwife as soon as possible so that you and your baby can have the best start to a healthy pregnancy. We like you to have your first appointment by 10 weeks of pregnancy at the latest. It's easy to refer yourself, just **scan the QR code** below and complete the online form.

# Scan to book



### Self-refer online now!

### If you are unable to get online:

#### **Bradford:**

Please contact your GP to make a referral

#### Airedale:

01535 292411 / 01535 292412 Mon-Fri 08.30-16.30

If you are unable to speak English please contact your GP and they can complete a referral for you

## Scan to book



**Bradford District and Craven**Health and Care Partnership

